

EXPECTATIONS OF THE STUDENT ATHLETE



Participation in the Liberty Rugby Football Club program is completely voluntary. **NO player will be cut from the LRFC due to lack of athletic ability.** Involvement does, however, require a commitment on your part with respect to academic standing, citizenship and obligations to yourself and teammates. Therefore, to promote good sportsmanship, respect for rules and authority, to establish leadership, team pride, teamwork, team and individual discipline, as well as eliminate disruptive influences on and off the playing field, disturbances in the locker room and on trips, the following rules have been established. Failure to observe these training rules will result in disciplinary action in accordance with due process.

EXPECTATIONS OF STUDENT IN ATHLETIC/ACTIVITY PROGRAM

1. **Training Rule:** Athletes are expected to observe the following rules during the season in which they are participating.
 - a. Abstain from the use, possession or selling of alcoholic beverages, tobacco products, drugs and narcotics.
 - b. Any other squad expectation(s) as outlined by the coach/advisor.
2. **Citizenship:** Students are expected to demonstrate exemplary conduct on and off the field, adhere to school and community laws and expectations, and show respect for others and their property.
 - a. Rugby is a game of gentlemen. Good conduct is expected on and off the field, especially when a player is wearing clothing identifying himself as a player of Liberty Rugby. Respect to the Referee is also required. Backtalk or disrespectful behavior will not be tolerated.
3. **Other Expectations:**
 - a. Players are **required** to wear club ties on Fridays.
 - b. Demonstrate courtesy, fairness and respect for all athletes and athletics.
 - c. Refrain from the use of profanity, obscene language or acts of vulgarity.
 - d. **Players are expected to attend the after match social.** This is routinely a small BBQ or feed hosted by the home club.
 - e. All participants in Liberty Rugby will abide by the Pacific Northwest Rugby Football Unions Disciplinary Code and Constitution.
 - f. Establish regular rest patterns and good dietary habit(s) during the sports season.
4. **Equipment:** Club equipment belongs to the Liberty Rugby Football Club. Loss of issued equipment is the athlete's financial obligation. Until this obligation is fulfilled, the athlete will not be allowed further competition.
5. **Eligibility:**
 - a. The Athlete must be enrolled as a full time student.
 - b. The Athlete must be passing and earning credit in **all** classes.

- c. The Athlete must have a current 2.5 GPA or higher.
 - i. If a student-athlete has a failing grade at the initial check and has GPA of 2.5 or above, s/he will be placed on academic probation for a minimum of two weeks of competition. If grades are still deficient after two weeks, the student-athlete will be placed on indefinite probation. Mandatory participation in the after school study table will be required until the next official release of grades from the educator.
- d. The Athlete is required to attend all classes each day in order to participate in practices or competitions. Students with school related absences (field trips, etc) will be cleared. Students with dental/medical or court/legal appointments will be cleared with an authorized note from the physician or legal office.
- e. No player will be allowed to play without the following documents on file with the club:
 - i. Copy of picture ID
 - ii. CIPP Registration
 - iii. Copy of medical insurance card or proof of medical insurance
 - iv. Birth certificate or passport or state issued ID with birth date

I UNDERSTAND AND ACCEPT THE ABOVE STATEMENTS, THE LIBERTY RUGBY FOOTBALL CLUB REGULATIONS AND WE (THE PARENTS) AND MY SON ACCEPT THE FULL RESPONSIBILITY FOR PARTICIPATION IN THE PROGRAM.

Student Athlete:

Printed Name

Signature

Date

Parent or Legal Guardian:

Printed Name

Signature

Date

I GIVE MY PERMISSION TO ALLOW LIBERTY RUGBY FOOTBALL CLUB TO TAKE AND/OR POST ANY PICTURES OF MY SON WITH RESPECT TO CELEBRATE AND PROMOTE PARTICIPATION IN THE PROGRAM.

SIGNATURE: _____
(PARENT/LEGAL GUARDIAN)